

Dance Department Dress Code

For All Dance Disciplines:

DO NOT PURCHASE A NEW LEOTARD, AS THE CONSERVATORY MAY CHANGE THE UNIFORM ONCE REGULAR IN-PERSON CLASSES RESUME AT CONCHITA ESPINOSA ACADEMY.

- For ALL dance disciplines and groups, students should wear a black leotard or their CEA burgundy leotard.
- Hair: must be worn in a bun, away from the face.
- No jewelry

Additional specifications per discipline below:

Ballet

Girls:

- Black or Burgundy Leotard (all groups)
- Capezio Pink Convertible Tights
 - Light Blue and Red Levels wear pink school bobby socks (no tights)
- Ballet Shoes: ***
 - Cobalt Level and Below: Capezio Full Sole Ballet Shoe
 - Forest Level and Above: Full Sole or Split Sole Shoe allowed
- Hair: worn in a bun, away from the face.
 - Forest green, Intermediate I, II, III, Advanced Levels, Pointe and Variations: professional bun (matching hairnet and hair pins according to color of hair).
 - Light blue, Red, Lilac, Navy, and Cobalt Levels: bun with the corresponding hair accessory (available at the [CEA Little Store](#)).

Boys:

- White t-shirt, black tights, and black ballet shoes

*****Ballet shoes** should fit snugly so that minimal material can be pinched at the back of the heel when the foot is pointed. This means they cannot be bought with “growing room” as this does not allow the use of the correct muscles and can cause injury. Do not be tempted to use the drawstring to make the shoes “fit” as this can cause irreparable damage to the Achilles tendon at the back of the foot. Please make sure that drawstrings are neatly tucked inside the shoe during class and performances. The elastics should be sewn at the spot where the heel, when compressed, forms a right angle with the sides of the shoe. If you have any questions,



*please contact Ms. Danella. **Please do not buy ABT brand Ballet Slippers (Payless brand).***

Lyrical

- Black or Burgundy Leotard
- Black or Pink Tights
- Spankies
- Apollo Performance [Shocks](#) (The Performance Shock or the Amp Shock only—must cover whole foot) or Jazz Shoes

Spanish Dance

Girls:

- Black or Burgundy leotard (all groups)
- Red, blue or black Spanish dance skirt (according to level)
 - Jerez, Teruel and Cantabria: red Spanish dance skirt
 - Sevilla and Cordoba: cobalt blue Spanish dance skirt
 - Andalucia and Castilla: black Spanish dance skirt
 - Navarra, Malaga, Segovia, and Advanced Spanish dance: black Spanish dance skirt of a different style (consult with teacher before purchasing).
- Pink tights
- Jerez, Teruel, and Cantabria Levels wear pink school bobby socks (no tights)
- Navarra Level and above: Escuela Bolera skirt (consult with teacher before purchasing)
- Castanets, available for purchase at the [Conservatory office](#)

Boys:

- Conservatory T-Shirt, available at the [CEA Little Store](#)
- Black dance pants
- Castanets, available for purchase at the [Conservatory office](#).

Spanish Dance Shoes: *Black Spanish Dance shoes (girls) come in different styles; therefore, the type of leather, height of heel, nails, etc must be consulted with the teacher prior to purchasing shoes.*

- *Jerez, Teruel and Cantabria Levels: a lower, wider heel (not regular character shoe) without nails. These are available for purchase at Ballet Boutique.*
- *Sevilla, Cordoba and Andalucia Levels: character shoes without nails. These are available for purchase at Ballet Boutique.*



- *Castilla, Navarra, Malaga and Advanced Levels: Spanish dance shoes with nails, available at Ballet Boutique or Dancing Supplies Depot.*
- *Boys: black Spanish Dance boots, available at Dancing Supplies Depot.*
- *Pink Ballet slippers (Andalucia level and up)*
- *Alpargatas (Andalucia level and up), available for purchase at the [Conservatory office](#)*